

GESS Grade 10 (English) Course Selection 2025-2026

Name: _____

☒ Check the Course Name for each category

Required Courses	Course Name
1. An ENGLISH course	☐ Literary Studies 10 (required) ☐ Literary Studies 10 (Linear with Band) ☐ Applied Humanities (Linear English 10 and Social Studies 10)
2. A MATH course	☐ Math 10 Workplace Math ☐ Math 10 Foundations & Pre-Calculus
3. A SCIENCE course	☒ Science 10
4. A SOCIAL STUDIES course	☐ Social Studies 10 (Semester) ☐ Applied Humanities (Selected option above in English choice)
5. CAREERS 10	☐ Career Life Education 10 ☐ Career Life Education 10 (Out of Timetable - provides additional elective)
6. A PHYSICAL & HEALTH EDUCATION course	☐ Physical & Health Education 10 - General
	☐ Physical & Health Education 10 - Lifetime Fitness
	☐ Physical & Health Education 10 - High Performance Volleyball
	☐ Physical & Health Education 10 - High Performance Basketball
	☐ Physical & Health Education 10 - Fitness 10 (year long) Out of Timetable (provides additional elective opportunity)
	☐ PHE 10 Soccer Academy (<i>fee required</i>)
	☐ PHE 10 Hockey Academy (<i>fee required</i>)

Select Elective Courses

7. Elective courses (Pick 2)	See elective course options on the next page: _____
7b. Elective Choice if selecting an Out of the Timetable Fitness or Careers 10	_____
8. Alternate Elective courses (back up)	_____

Out of Timetable Choices (optional)

GRADE 10 ELECTIVE COURSE LIST

Grade 10 students must take a full course load of at least 8 classes. No spares permitted.

	LANGUAGES		ARTS EDUCATION
	French 10		Ceramics and Sculpture 10
	Beginner Spanish 11		Commercial Music 10
	APPLIED SKILLS		Concert Band 10
	Digital Design 10		Drama 10
	Drafting 10		Drawing and Painting 10
	Entrepreneurship & Marketing 10		Guitar 10
	Food Studies 10		Indigenous Visual Arts 10
	Leadership 10		Photography 10
	Metalwork 10		GENERAL
	Photography & Media Arts Hybrid 10		Creative Writing 10
	Woodwork 10		Dice and Dragons: Adventures in Tabletop Gaming 10
	Video Production 10		
	Woodcraft 10		
OUT OF TIMETABLE COURSES (OPTIONAL) <i>(Cannot be picked in place of a course during the day - in timetable)</i>			
	Careers 10		
	Choir 10		
	Firefighting Academy *		
	Fitness 10		
	Introduction to Jazz Band 10		
	Theatre Production 10		
	Yearbook 10		

* Fire Academy spots will first be assigned to students in grade 11 & 12.