

Coyote Connections **WEEK OF: Sept 15 - 19**

Monday – Sept 15 A/B	 Brown Bag Lunch program begins Mandatory Meeting for all parents/guardians of new athletes to GESS In the GESS library @ 6pm
Tuesday – Sept 16 C/D	• Fire Drill @ 10:05 am
Wednesday – Sept 17 A/B	Please remember to return all
Thursday – Sept 18 C/D	verification and general field trip forms to the
Friday – Sept 19 A/B	• Pizza \$2/slice office ASAP!

Sept 22 - PAC Meeting at 6:30 pm in the Library

Sept 24 - Grad Retreat - Group #1 - Oyama Ziplines

Sept 25 - Grad Presidential Speeches @ 9 am in the theatre

- Grad Retreat Group #2 Oyama Ziplines
- Terry Fox Walk/Run

Sept 26 - Grad Breakfast (8-9am) + President Announcement

- Grad Retreat - Group #3 - Oyama Ziplines

Sept 29 - GESS Orange Shirt Day

Sept 30 - National Day for Truth and Reconciliation - No classes

Oct 8 - Post-Secondary Institute Fair (9-10:30 am) in the small gym

Oct 10 - Administrative Implementation Day - No classes

Oct 13 - Thanksgiving Day - No Classes

Oct 14 - Photo Retakes (morning only)

Oct 16 - Early Dismissal @ 1:30 pm

- Parent Teacher Conferences @ 5-7 pm in the Foyer & Classrooms

Parents/Guardians of All NEW **Athletes to GESS:**

There is a **MANDATORY** Athletics Info Night on **Monday**, **Sept 15**th @ **6pm** in the GESS Library. All parents/guardians are welcome to attend.



Buy your GESS Spirit Wear now using **THIS LINK**, or from the link on the GESS website. Purchases made by September 15th will be ready by the end of September.

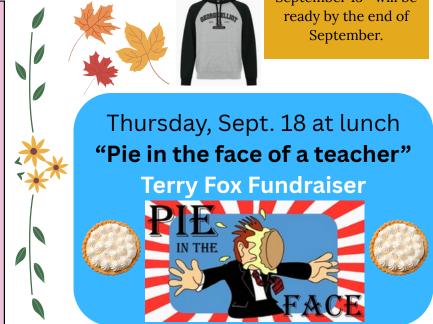
📤 GRAD ANNOUNCEMENTS 🐗

LAKE COUNTRY BOTTLE DEPOT FUNDRAISER: Have refundables? Donate them to the 'GESS GRAD' account at the Lake Country Bottle Depot. There's no need to sort them! Proceeds go towards prom for this year's grad class.

UPCOMING IMPORTANT DATES:

- Sept. 15: Oyama Date Selection Form Due (on Google Classroom)
- Sept. 17: Oyama Permission Forms Due (both digital and physical copy)
- Sept. 19: Grad President Campaign Speech -Rough Draft Due to Mrs. Johnson
- Sept. 19: Grad Logo Competition Closes Submit on Google Classroom

Please visit the grad website for more details on grad events and general grad information.











Coyote Connections

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Fall 2025 Teen Programs & Certifications



Volleyball Training



Parkinson Rec Centre Gym Mondays

34759: September 22 - November 3
34984: November 10 - December 15



Pickleball for Youth

Canyon Falls Middle Gymnasium Ages: 12Y - 16Y Saturdays 35255: September 6 - 27

Tennis for Teens





In the Kitchen

Vegan Teen Cooking

35193: Wednesday, November 19: Black Bean Quesadilla with Mango Salsa & Crema

& more!

Baking for Teens

- Tuesdays

 35210: September 16 October 21

 35211: October 28 December 2
 Parkinson Rec Centre Kitchen



BOYS ¢ GIRLS; GRADES 1-9

SEPTEMBER 7 - NOVEMBER 22/23

BOYS ¢ GIRLS; AGES 3-5 YEARS

SEPTEMBER 13 - NOVEMBER 22

SEPTEMBER 7 - NOVEMBER 10

FALL MICROBALLERS

GR 6-8 BOYS, GR 9-12 BOYS & GR 9-12 GIRLS



Free Youth Nights



Babysitter Certification



Parkinson Activity Centre - Activity Room 9 am - 4 pm Ages: 11Y - 18Y Saturdays • 346:27: September 20 • 35:213: October 18 • 35:214 November 22

DKANAGAN COLLEGE BASKETBALL

Quick & Delicious **Cooking for Teens**



@ rec.kelowna.ca 250-469-8800







Take the Plunge

Learn to Dive with KSDC





- Beginners
- Competitive Athletes
- Adults



Lessons held at the H2O Adventure + Fitness Centre and the Rutland Family **YMCA**

Email ksdc.general@gmail.com with any questions



FALL PROGRAMMING

FOR BOTH GIRLS & BOYS



Our TECHNICAL TRAINING skills program focuses on high-end volleyball skilldevelopment through weekly sessions to compliment school ball, running weekly in preparation for club tryouts!

GR 9-12: POSITIONAL INTENSIVES

In our POSITIONAL INTENSIVES program players will learn skills specific to their role - setters, middles, outsides & passers. Taught by former university players who played the same position!

GR 9-12: NEXTGEN SQUADS

Our NEXTGEN SQUADS program gives club players who are unable to play school volleyball a place to practice in preparation for club tryouts in November and December!





































REGISTER TODAY!









