



# Coyote Connections

## WEEK OF: Oct 27 - 31

Monday - Oct 27 A/B	
Tuesday - Oct 28 C/D	
Wednesday - Oct 29 A/B	
Thursday - Oct 30 C/D	
Friday - Oct 31 A/B	<ul style="list-style-type: none"> <li>• Halloween Costume Contest (GES Instagram)</li> <li>• Sr. Girls &amp; Boys Volleyball Tournament (and Saturday)</li> </ul>

**Nov 5 - Take Our Kids To Work Day for Grade 9s**  
**Nov 7 - Term 1 ends**  
 - Wellness Clinic - Public Health Nurse in the am  
**Nov 10 - Term 2 begins**  
 - Remembrance Day Assembly @ 1:00 pm  
**Nov 11 - Remembrance Day - No Classes**  
**Nov 17 - PAC Meeting @ 6:30 pm in the Art room (132)**  
**Nov 20 - Report Cards posted to MyEd Portals end of day**  
**Nov 21 - Wellness Clinic - Public Health Nurse in the am**

### Gr. 9 'Take Our Kids to Work Day' Wednesday, November 5

'Take Our Kids to Work Day' is an experiential learning opportunity for Grade 9 students across Canada to see the world of work firsthand.

If students did not receive a permission form in their Block B class, they can grab one from the Career Center, see Mr. Frechette or Miss Youngberg, or find it on their Careers Google Classroom.

For students not taking part, school is still happening on November 5th! They will be supervised in a designated space and will be working on an alternate assignment to complete.

Email [Rochelle.Youngberg@sd23.bc.ca](mailto:Rochelle.Youngberg@sd23.bc.ca) for more info if you have any questions.

**GES LEADERSHIP PRESENTS HALLOWEEN COSTUME CONTEST**

**RULES:**

- DM us a school friendly picture of your costume @gescoyotes
- Finalists picked by GES leadership
- Win a boo basket!

**CATEGORIES:**

- BEST COSTUME
- MOST CREATIVE COSTUME
- FUNNIEST COSTUME
- SCARIEST COSTUME
- BEST GROUP/DUO COSTUME

Central Okanagan Public Schools **DUAL CREDIT**

## Dual Credit Information Night

Wednesday, October 29, 2025

**STUDENTS AND PARENTS WELCOME!**

Central Okanagan Public Schools is hosting a **Dual Credit Information Night** on Wednesday, October 29, 2025, 6:00 pm at Kelowna Secondary School.

The purpose of this event is to showcase our Dual Credit Program options and provide an opportunity for students and parents to communicate directly with our post-secondary and industry training partners.

Please join us to discover the many benefits of a dual credit program, including tuition sponsorship and the ability for students to get a head start on a rewarding career.

**AGENDA:**

- 5:30 pm: Doors open to public to visit with post-secondary partners
- 6:00 pm: Dual Credit Presentation Overview - Bob Bock
- 6:20-7:00 pm: Parents and Students have an opportunity to talk with post-secondary partners to learn more
- 7:00 pm: End of Event

For more information on Dual Credit Programs visit our website [www.dualcredit23.sd33.bc.ca](http://www.dualcredit23.sd33.bc.ca)

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### Public Health Nurse Wellness Clinics @ GESS

Interior Health (IH) will once again be offering in-school PHN Wellness Clinics for grade 10, 11, and 12 students every 1<sup>st</sup> and 3<sup>rd</sup> Friday mornings of each month from 9-11:45 am in the room across from the counselling offices.

Public Health Nurses will be available to talk with students and answer any questions about public health nursing services, such as health and wellness promotion/disease prevention information, and resources.

Click [HERE](#) for a link to the full letter.

**What You Can Ask Your School Nurse About**

- Immunizations
- General Health Questions
- Tobacco and Vape Use
- Free Condoms
- Mental Health
- Substance Use
- Alcohol Use
- Birth Control
- Referral to Other Services

**When: 1st and 3rd Friday of every month - 9-11:45am**  
**Where: Counselling office across from the Counselling Centre**

### NEW! Mental health resources for families

Topics:

- Anxiety
- Substance Use
- Navigating Family Transitions
- Eating Disorders
- Grief and Loss
- OCD
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:

Black English Українською 廣東話 العربية 普通话 ਪੰਜਾਬੀ தமிழ் Hispano Filipino

Find resources at: [kelymentalhealth.ca/multilanguage](http://kelymentalhealth.ca/multilanguage)

### GES CLUB INFO

<b>COOKIE CLUB</b> THURSDAYS IN NOVEMBER WITH MS. BRAND	<b>OUTDOOR CLUB</b> FOR ANYTIME ROOM 211	<b>DUNGEONS AND DRAGONS CLUB</b> WEDNESDAYS @ LUNCH ROOM 119	<b>DIVERSITY CLUB</b> MONDAYS AND TUESDAYS @ LUNCH ROOM 102
<b>POET LAUREATE CLUB</b> TUESDAYS @ LUNCH ROOM 127	<b>SOCIAL JUSTICE CLUB</b> TALK TO MS. ELIJAH	<b>RUN CLUB</b> WEDNESDAYS @ LUNCH ROOM 114	<b>CHOIR</b> THURSDAYS @ LUNCH BAND ROOM
<b>CHESS AND CHECKERS CLUB</b> TALK TO MR. COENAR	<b>GARDEN CLUB</b> TALK TO MR. ROBINSON	<b>YOGA CLUB</b> THURSDAYS @ LUNCH ROOM 211	<b>YEARBOOK CLUB</b> TALK TO MR. FORD
<b>OPEN MIC/BOOK CLUB</b> TALK TO MS. BOAL			





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### GRAD ANNOUNCEMENTS

**LAKE COUNTRY BOTTLE DEPOT FUNDRAISER:** Have refundables? Donate them to the 'GESS GRAD' account at the Lake Country Bottle Depot. There's no need to sort them! Proceeds go towards prom for this year's grad class.

**IMPORTANT UPCOMING DATES:**

- November 3** → Caravan Farm Theatre money and field trip forms due. Trip on December 3. More details on Google Classroom!
- STING Safety Act Days:**
  - October 28** → Snowpants & Tank Tops
  - November 4** → Jersey Day
  - November 12** → "Yee-Haw" Day
  - November 18** → Dress as a Sr. Citizen

**STING - UPDATED RULES - REMINDER:**

- You are allowed to get tagged during class time if you are NOT in your class.
- You must be in class during class times. The game does not excuse being late to class or not going to class at all to avoid getting tagged.
- You cannot interrupt my class time to report a STING. You must have your old pin and your new target pin with you.
- If players continue to deliberately show up late to class or leave early, you will be ELIMINATED.

See a full breakdown of the updated rules on the 'CLP GRAD 2026' Google Classroom page.

Please visit the [grad website](#) for more details on grad events and general grad information.

### YOUTH EMPLOYMENT SUMMIT



**Kelowna Ramada Hotel & Conference Centre**  
2170 Harvey Avenue, Kelowna BC Canada V1Y-6G8  
Thursday November 20th, 2025 | 1 pm - 7pm

A FREE Inclusive Employment Event for youth with disabilities

Register and read more at: [inclusionBC.org/YES](https://inclusionBC.org/YES)

The Youth Employment Summit (YES!) is coming to your community — and we want you to be part of it!

These inclusive, free events are designed to spark inspiration and open doors — whether you're just starting to think about your future or ready to step into the workforce. Join us to meet new people, learn from professionals, and take the next step on your employment journey!

FREE Snacks & Drinks!  
Fuel up while you connect and learn.

This event is brought to you in collaboration with Pathways Abilities Society, Central Okanagan Public Schools, WHEELS Transition to Employment Program & Okanagan College

**inclusion BC**



## WE WANT YOU!

COME PLAY RUGBY FOR THE KELOWNA CROWS!

NOW RECRUITING BOYS AND GIRLS AGES 12-17 TO JOIN OUR CLUB. OUR U14 TEAM IS ESPECIALLY EAGER TO MEET YOU! THE SEASON IS ALREADY UNDERWAY AND LOOKING STRONG.

**ONLY \$250**  
REGULAR COST \$325

**www.kelownacrows.com**  
EMAIL: [JUNIORDIRECTOR@KELOWNACROWS.COM](mailto:JUNIORDIRECTOR@KELOWNACROWS.COM)  
FOR THE DISCOUNT CODE

### OCTOBER 20-23: PINK WEEK AT GESS



**BREAST CANCER AWARENESS MONTH**

### Strong Neighbourhoods

## YOUTH Development & Engagement Grant

Be a leader. Build connection in your community. The City of Kelowna offers up to **\$1,000** in matching grant funds for youth-led community projects or events.

Have an idea that will improve your neighbourhood or build relationships? Team up with fellow youth aged **13-24** in your community to get creative and take the lead. Rack up volunteer hours, boost your resume, hone your leadership skills, and build friendships while improving your community.



City of Kelowna | [neighbourhoods@kelowna.ca](mailto:neighbourhoods@kelowna.ca)  
[kelowna.ca/neighbourhoods](https://kelowna.ca/neighbourhoods)

## Substance Use Prevention Series

Online Learning for Parents, Caregivers, and Guardians

**LINK TO WEBSITE & VIDEOS [HERE](#)**

This series is designed to support parents, caregivers, and guardians across BC with tools and strategies to help with substance use prevention in the home. In this document, you will find three webinars recorded live between February 2024 and May 2025, each containing a one-hour presentation and a 30-minute live Q&A. You will also find an additional set of questions with recorded answers to assist in applying these concepts to real-life circumstances. The purpose of these sessions is to equip adults with skills that will help youth and adolescents make healthy decisions to support their well-being both now and in the future.

**Note:** These sessions do not address intervention strategies for substance use challenges. If your child is struggling, please refer to [erese](#) for more support.

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