



Coyote Connections

WEEK OF: Oct 20 – 24

Monday – Oct 20 B/A	• PAC Meeting @ 6:30 pm in the wood shop (room 140)
Tuesday – Oct 21 D/C	
Wednesday – Oct 22 B/A	• Post-Secondary Prep #1 in the theatre @ 10:30 am <u>OR</u> 12:35 pm
Thursday – Oct 23 D/C	
Friday – Oct 24	• Professional Development Day – No Classes

Oct 31 – Halloween Costume Contest (GES Instagram)
 Oct 31 & Nov 1 – Sr. Girls & Boys Volleyball Tournament
 Nov 5 – Take Our Kids To Work Day for Grade 9s
 Nov 7 – Term 1 ends
 – Wellness Clinic – Public Health Nurse in the am
 Nov 10 – Term 2 begins
 – Remembrance Day Assembly @ 1:00 pm
 Nov 11 – Remembrance Day – **No Classes**
 Nov 17 – PAC Meeting @ 6:30 pm in the Art room (132)

October 20-23 is PINK WEEK at GESS in recognition of Cancer Awareness Month. Wear pink and enter to win 'Pretty Pink Participation Prizes' by the library.



GESS Sr. Girls Volleyball Team's Annual Food Drive for the Lake Country Community Fridge

- **WHEN:** Saturday, October 25th from 9 – 11 am
- **WHERE:** Students will come around to neighborhoods in Lake Country, or you can drop donations off at GESS

NEW! Mental health resources for families

Topics:

- Anxiety
- Substance Use
- Navigating Family Transitions
- Eating Disorders
- Grief and Loss
- OCD
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:

Black English Українською 廣東話 العربية 普通话 ਪੰਜਾਬੀ தமிழ் Hispano Filipino

Find resources at:

keltymentalhealth.ca/multilanguage



Gr. 9 Take Our Kids to Work Day Wednesday, November 5

'Take Our Kids to Work Day' is an experiential learning opportunity for Grade 9 students across Canada to see the world of work firsthand.

If students did not receive a permission form in their Block B class, they can grab one from the Career Center, see Mr. Frechette or Miss Youngberg, or find it on their Careers Google Classroom.

For students not taking part, school is still happening on November 5th! They will be supervised in a designated space and will be working on an alternate assignment to complete.

Email Rochelle.Youngberg@sd23.bc.ca for more info if you have any questions.

Public Health Nurse Wellness Clinics @ GESS

Interior Health (IH) will once again be offering in-school PHN Wellness Clinics for grade 10, 11, and 12 students every 1st and 3rd Friday mornings of each month from 9-11:45 am in the room across from the counselling offices.

Public Health Nurses will be available to talk with students and answer any questions about public health nursing services, such as health and wellness promotion/disease prevention information, and resources.

Click [HERE](#) for a link to the full letter.



Central Okanagan Public Schools

Dual Credit Information Night

Wednesday, October 29, 2025

STUDENTS AND PARENTS WELCOME!

Central Okanagan Public Schools is hosting a Dual Credit Information Night on Wednesday, October 29, 2025, 6:00 pm at Kelowna Secondary School.

The purpose of this event is to showcase our Dual Credit Program options and provide an opportunity for students and parents to communicate directly with our post-secondary and industry training partners.

Please join us to discover the many benefits of a dual credit program, including tuition sponsorship and the ability for students to get a head start on a rewarding career.

AGENDA:

5:30 pm: Doors open to public to visit with post-secondary partners

6:00 pm: Dual Credit Presentation Overview - Bob Boback

6:20-7:00 pm: Parents and Students have an opportunity to talk with post-secondary partners to learn more

7:00 pm: End of Event

For more information on Dual Credit Programs visit our website

www.dualcredit23.sd23.bc.ca



Grade 12 Post-Secondary Prep Session #1

Location: Creekside Theatre

Date: Oct. 22nd @ 10:35 AM OR 12:35 PM

Topics: Program Requirements, Applications and Funding

Both sessions are the same, so pick the one that makes the most sense for your schedule!



GESS Vision Statement: Love. Learn. Thrive.





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GRAD ANNOUNCEMENTS

LAKE COUNTRY BOTTLE DEPOT FUNDRAISER:
Have refundables? Donate them to the 'GESS GRAD' account at the Lake Country Bottle Depot. There's no need to sort them! Proceeds go towards prom for this year's grad class.

IMPORTANT UPCOMING DATES:

- **October 23** → Google Form of important information re: cap and gown/ grad name/ etc. is **DUE**. Form can be found on the 'CLP GRAD 2026' Google Classroom page.
- **November 3** → Caravan Farm Theatre money and field trip forms due. Trip on December 3. More details on Google Classroom!

Please visit the [grad website](#) for more details on grad events and general grad information.

GES LEADERSHIP PRESENTS

HALLOWEEN COSTUME CONTEST

RULES:

1. DM us a school friendly picture of your costume @gesscoyotes
2. Finalists picked by GES leadership
3. Win a boo basket!

CATEGORIES:

- BEST COSTUME
- MOST CREATIVE COSTUME
- FUNNIEST COSTUME
- SCARIEST COSTUME
- BEST GROUP/DUO COSTUME



Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

PIE is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: October 21, 2025
Time: 6:30 pm
Topic: Meeting Your SD23 Team
Location: Microsoft Teams
Join the meeting now
Meeting ID: 298 345 755 488 5
Passcode: tb3IX3un



LAKE COUNTRY HEALTH

BEYOND THE BELL

YOUTH MENTAL HEALTH

Free, weekly, activities on Wednesday evenings. Transportation included.

To register or refer a participant download our form at [lakecountryhealth.ca/youth](#) or scan the QR code.

GES CLUB INFO

COOKIE CLUB THURSDAYS IN NOVEMBER WITH MS. BRAND	OUTDOOR CLUB JOIN ANYTIME! ROOM 213	DUNGEONS AND DRAGONS CLUB TUESDAYS AND FRIDAYS @ LUNCH ROOM 419	DIVERSITY CLUB MONDAY AND TUESDAYS @ LUNCH ROOM 302
POET LAUREATE CLUB TUESDAYS @ LUNCH ROOM 127	SOCIAL JUSTICE CLUB TALK TO MS. ELLIOT	RUN CLUB WEDNESDAYS @ LUNCH ROOM 126	CHORUS THURSDAYS @ LUNCH BAND ROOM
CHESS AND CHECKERS CLUB TALK TO MR. BOENAR	GARDEN CLUB TALK TO MR. ROBINSON	YOGA CLUB THURSDAYS @ LUNCH ROOM 211	YEARBOOK CLUB TALK TO MR. FORD
OPEN MIC/BOOK CLUB TALK TO MS. BOAL			

WE WANT YOU!

COME PLAY RUGBY FOR THE KELOWNA CROWS!

NOW RECRUITING BOYS AND GIRLS AGES 12-17 TO JOIN OUR CLUB. OUR U17 TEAM IS ESPECIALLY EAGER TO MEET YOU! THE SEASON IS ALREADY UNDERWAY AND LOOKING STRONG.

ONLY \$250
REGULAR COST \$325

[www.kelownacrows.com](#)
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